

## Lesson #4

### Topic: The Ten Commandments

#### Lesson Plan

**Grade Level:** 3rd & 4th (Ages 9-10)

**Lesson Duration:** 45-60 minutes

#### Lesson Objectives:

By the end of the lesson, students will:

- Understand that God gave the Ten Commandments to Moses.
- Study all Ten Commandments and understand their meanings.
- Explain how obeying God's commandments helps you live a holy life.

#### 1. Opening Prayer (5 minutes)

Begin with the **Lord's Prayer**, asking God to help us follow His commandments.

#### 2. Introduction: What Are the Ten Commandments? (10 minutes)

- Ask: *"What are the rules, and why do we have them?"*
- Just as families and schools have rules, God provided us with guidelines to help us live in a manner that pleases Him.
- Read **Exodus 20:1-21**, summarizing how God gave the commandments to Moses on Mount Sinai.
- Show an image of **Moses receiving the tablets**.

#### 3. Learning the Ten Commandments (15 minutes)

Introduce the Ten Commandments using language **that's easy for kids to understand**.

1. Love God above all else.
2. Do not worship idols.
3. Respect God's name.
4. Keep the Lord's Day holy.
5. Honor your parents.
6. Do not hurt others.

7. Be faithful in marriage.
8. Do not steal.
9. Do not lie.
10. Do not be jealous of others.

**Activity:** Write the commandments on the board and have the students repeat them out loud.

#### 4. Why Are the Commandments Important? (10 minutes)

- The commandments teach us how to love **God** (1-4) and how to love **others** (5-10).
- Jesus summarized them with two great commandments:
  1. Love God wholeheartedly.
  2. Love your neighbor as yourself (**Matthew 22:37-40**).

#### Discussion Questions:

- Why do you believe God gave us these commandments?
- Which commandment do you find the hardest to follow?
- How does following these commandments make us better people?

#### 5. Memory Activity: Hand Commandments (10 minutes)

- Use **finger counting** to assist students in memorizing the commandments.
  1. One God (1 finger up).
  2. No idols (two fingers form an "X").
  3. Honor God's name (symbolized by three fingers forming a "W" for "words").
  4. Keep the Lord's Day holy (4 fingers like a church steeple).
  5. Honor your parents (five fingers—like giving a high five to your parents).
  - 6-10. Use hand gestures to illustrate the rest.

**Alternative Activity:** Have students participate in a **matching game** where they pair each commandment with real-life scenarios.

#### 6. Closing Prayer & Take-Home Challenge

- End with a prayer:  
*"Lord, help us to follow Your commandments and live a life that pleases You. Amen."*
- **Take-Home Challenge:** Have students choose **one commandment** and explain how they can incorporate it into their daily routines.



# Worksheet 1

**Lesson: The Ten Commandments**

## ACTIVITY 1: MATCH THE COMMANDMENT

Draw a line between the commandment and what it teaches:



**“Honor your father and mother.”**

**PROTECTING LIFE**

**“You shall not steal.”**

**WORSHIP AND REST ON SUNDAY**

**“Remember the Sabbath day.”**

**NOT TAKING WHAT ISN'T MINE**

**“You shall not kill.”**



**RESPECTING PARENTS**

## ACTIVITY 2: COMMANDMENT CODE

**Unscramble the words to discover commandments:**

1. **RENOHO RYU TAHFRE NDA ROMTHE** → \_\_\_\_\_

2. **OUY HLLSA TON TEALS** → \_\_\_\_\_

3. **MRREEEBE HET BBASHA** → \_\_\_\_\_



# Worksheet 2

## Lesson: The Ten Commandments



### ACTIVITY 3:COMMANDMENT CHOICES

Which of the following words best describes the images below? Write each word next to its corresponding picture:

- Honor God
- Faithful Marriage
- Stealing
- Jealousy
- Disobeying Parents
- Worshiping Idols

