

**Lesson #5**  
**Adam and Eve**  
**Lesson Plan**

**Grade Level:** 1st-2nd Grade

**Duration:** 30-40 minutes

**Objective:**

- Understand the story of Adam and Eve.
- Learn about the concept of transgression and its consequences.

**1. Opening Prayer (2-3 minutes)**

Begin with a simple prayer to prepare the children for the lesson.

*Example:*

"Dear God, thank You for creating us and for the story of Adam and Eve. Help us understand how much You love us and how we can choose to follow You. Amen."

**2. Introduction to Adam and Eve (5 minutes)**

Explain that Adam and Eve were the first people God created. They lived in a beautiful garden called Eden, where everything was perfect. Discuss how God loved them and gave them everything they needed.

**3. The Story of Adam and Eve (10 minutes)**

Tell the story of Adam and Eve, focusing on the following points:

- God created Adam from the dust and breathed life into him.
- God saw that Adam needed a companion, so He created Eve from one of Adam's ribs.
- They lived happily in the Garden of Eden and could eat from any tree except one—the Tree of Knowledge of Good and Evil.
- The serpent tempted Eve to eat the fruit from that tree, and she shared it with Adam.
- After eating the fruit, they realized they were naked and felt ashamed.
- God found out and spoke to them about their choices. Because they disobeyed Him, they had to leave the Garden of Eden.

**4. Discussion: Understanding Transgression (5 minutes)**

Ask the children:

- What does it mean to disobey?
- How did Adam and Eve's choice affect them and the world?
- Why is it important to follow God's commandments?

Explain that transgression means breaking a rule or commandment, and that Adam and Eve's choice teaches us about the consequences of our actions.

**5. Activity: Adam and Eve Coloring Page (10 minutes)**

**Materials Needed:**

- Coloring page depicting Adam and Eve being expelled from Paradise.

- \*Please see the attached coloring page.
- Crayons or colored pencils.

**Instructions:**

1. Distribute the coloring sheet to each child.
2. Encourage them to color the pictures while discussing what they remember about the story.
3. Ask them to share their favorite part of the story as they color.

**6. Closing Reflection (5 minutes)**

Encourage the children to think about the choices they make every day. Discuss the importance of making good choices and following God's path.

**7. Closing Prayer (2-3 minutes)**

End the lesson with a prayer asking God to help us make good choices and follow Him.

*Example:*

"Dear God, thank You for the story of Adam and Eve. Help us to remember to make good choices and follow You every day. Amen."

# STORYBOARD

## The Story of Adam and Eve

Once upon a time, in the beautiful Garden of Eden, God created the first man named Adam. He made Adam from the dust of the earth and breathed life into him. Adam was happy in the garden, but God saw that he needed a friend. So, God created Eve from one of Adam's ribs.

In the garden, there were many wonderful trees, and Adam and Eve could eat from any of them except for one tree—the Tree of Knowledge of Good and Evil. God told them that if they ate from that tree, they would surely die.

One day, a sly serpent approached Eve and asked, “Did God really say you can’t eat from any tree?” Eve responded, “We may eat fruit from the trees, but not from that one.” The serpent tempted her, saying, “You won’t die! You will be like God, knowing good and evil.”

Eve thought the fruit looked delicious, so she took a bite. Then she shared some with Adam, and he ate it as well. Suddenly, they realized they were naked and felt ashamed. They hid among the trees from God.

God called to Adam, “Where are you?” Adam replied, “I was afraid because I was naked, and I hid.” God asked what had happened, and they explained. Because they disobeyed God, He told them they had to leave the garden and face the consequences of their actions. An angel of the Lord was appointed to stand at the entrance of the Garden to protect the Garden of Eden.

Although they had to leave Eden, God still loved them. This story teaches us that we should always choose to follow God's rules, even when it's difficult.

# ARTS AND CRAFTS PROJECT

## ADAM AND EVE GARDEN SCENE

**Project:** Create Your Own Garden of Eden

**Objective:** Develop a visual depiction of the Garden of Eden and the story of Adam and Eve.

**Materials Needed:**

- 2 pages for Arts and Crafts project from DRE website (included)
- Scissors
- Glue
- Markers or crayons
- Printed images of animals and trees (optional)

**Instructions:**

1. Give each child a printed page of the Garden of Eden background and a page of printed animals, trees, and birds that can be cut out and glued onto the Garden of Eden background.
2. Ask them to imagine and create a scene of the Garden of Eden in their own way.
3. They can cut out trees, flowers, and animals, or draw them on their paper.
4. Please encourage them to draw Adam and Eve in their garden scene.
5. Give them time to share their creations and discuss what they learned from the story.



# STUDENT'S WORKBOOK PAGE

## THE STORY OF ADAM AND EVE

**Activity 1:** Fill in the Blanks

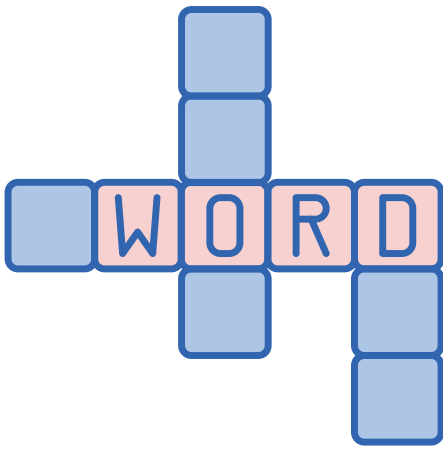
**Activity 2:** Draw the Garden

**Activity 3:** Spot the Butterflies

**Activity 4:** Assist Adam in finding animals

The activity pages are included below.

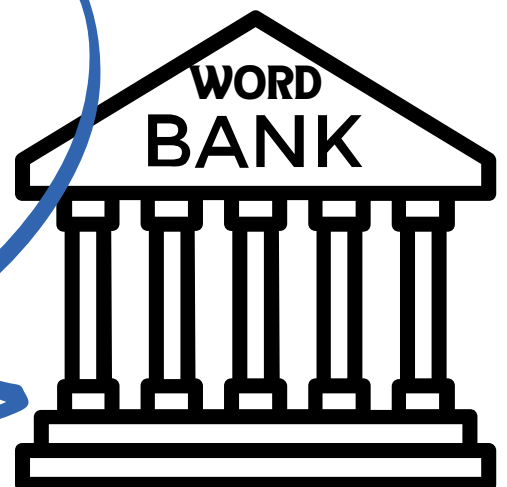
## Fill in the Blanks



Complete the sentences with words from the word bank.

- God created the first man named \_\_\_\_\_.
- \_\_\_\_\_ was made from Adam's rib.
- They lived in the beautiful \_\_\_\_\_.
- A sneaky \_\_\_\_\_ tempted Eve to eat the fruit.
- Adam and Eve ate the forbidden \_\_\_\_\_.

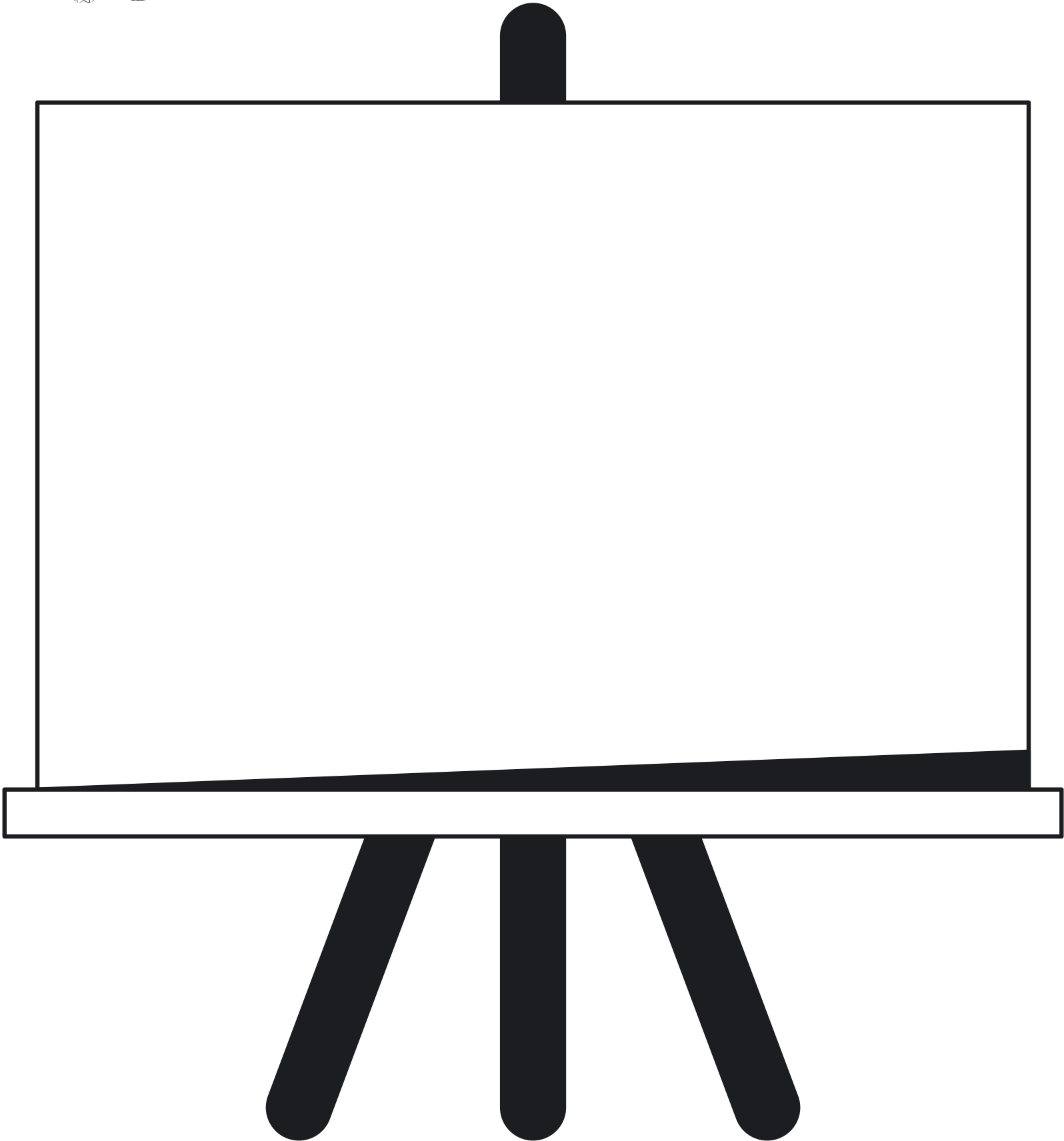
FRUIT  
ADAM  
GARDEN OF EDEN  
SERPENT  
EVE



## Draw the Garden



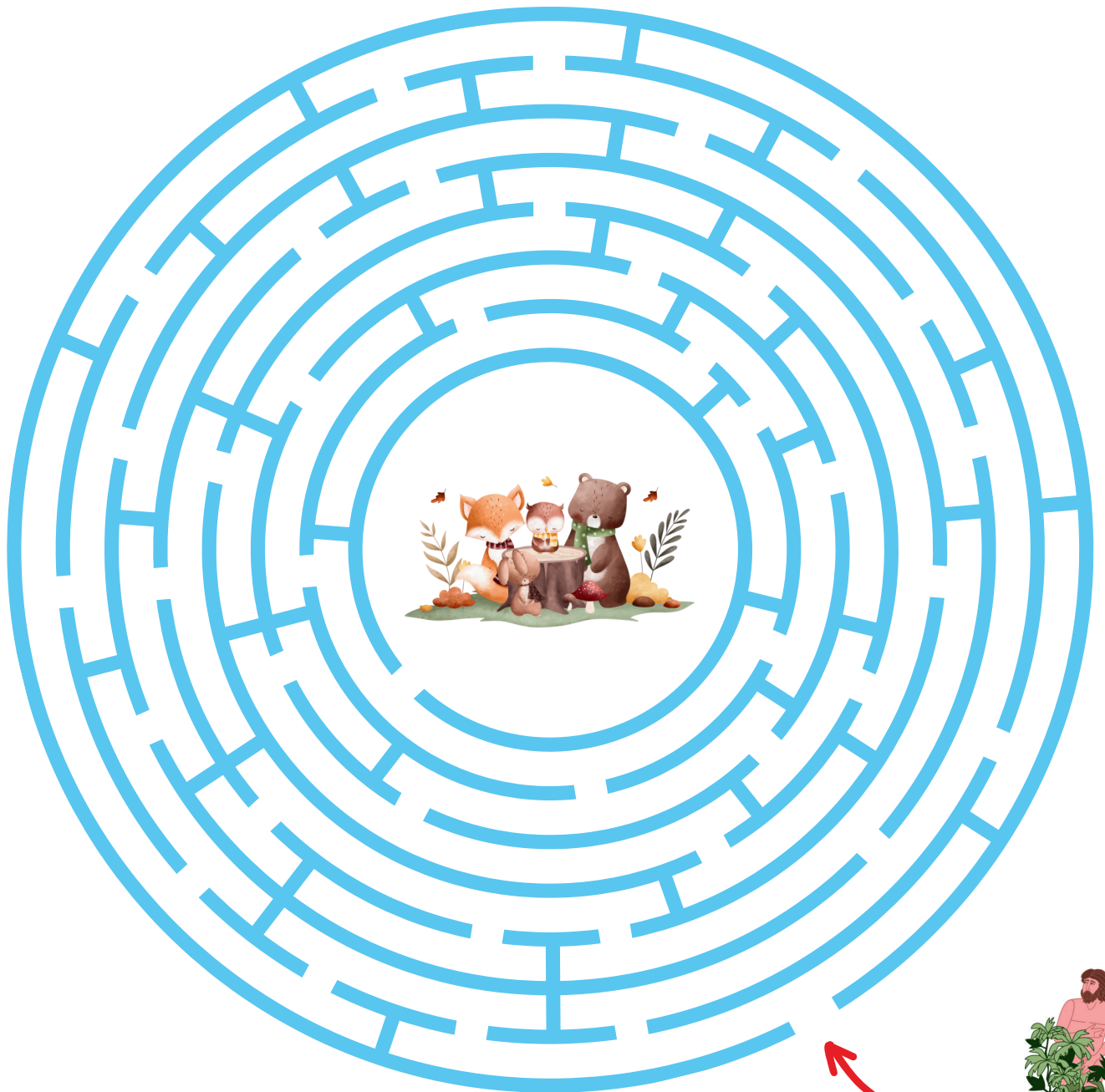
Draw your own picture of the Garden of Eden! What do you think it looked like?





**Can you spot five butterflies cleverly concealed within this image?**





Assist Adam in Locating Animals



# Adam and Eve Cast Out from Paradise

Coloring Page

