

Lesson #5

Topic: The First Commandment

Grade Level: 3rd & 4th (Ages 9-10)

Lesson Duration: 45-60 minutes

Lesson Objectives:

By the end of this lesson, students will:

- Learn the First Commandment and what it means.
- Understand why worshiping only the One True God is essential.
- Identify items that can become "idols" in our daily lives.

1. Opening Prayer (5 minutes)

Begin with a short prayer:

"Lord, help us to love You with all our hearts and put You first in everything we do. Amen."

2. The First Commandment (10 minutes)

Bible Verse: *"I am the Lord your God... You shall have no other gods before Me."*
(Exodus 20:2-3)

- Ask: *"What do you think this commandment means?"*
- Explain:
 - God is the only true God who created everything.
 - We should only love, trust, and worship Him.
 - Putting anything before God, like money, fame, or video games, can become an idol.

Activity: Write the commandment on the board and have students repeat it aloud together.

3. What Does It Mean to Have No Other Gods? (15 minutes)

- In the Old Testament, people worshiped **idols** made from wood and stone.
- Today, idols are no longer statues; they **are distractions that pull our attention away from God**, such as TV, sports, and social media.
- Jesus said: *"You shall love the Lord your God with all your heart, soul, and mind."* (Matthew 22:37)

Discussion Questions:

- What are some things that people might love **more than God**?
- How can we demonstrate that we put God first in our lives?

Activity: Have students make a list of ways they can prioritize God (e.g., praying daily, reading the Bible, attending church, helping others).

4. Bible Story: The Golden Calf (10 minutes)

Read Exodus 32:1-20 (Paraphrased for Kids):

- While Moses was on Mount Sinai, the Israelites built a **golden calf** and worshipped it instead of God.
- When Moses came back, he was upset because they had broken the **First Commandment**.
- This shows us that we should always trust God and avoid turning to false things.

Activity: Act out the story using simple props or display a picture of the golden calf.

5. Living the First Commandment (10 minutes)

- Loving God means praying, reading the Bible, and obeying His commandments.
- We must not allow anything to take **precedence** over God.

Activity: Have students **create a drawing** of something that reminds them to prioritize God, such as a cross, a Bible, or prayer hands.

6. Closing Prayer and Take-Home Challenge

- End with a prayer:
"Dear God, help us to love You above all things and never put anything before You. Amen."
- **Take-Home Challenge:** Ask students to spend **an extra minute in prayer each day** this week, thanking God for being the One True God.



Worksheet 1

Lesson: The First Commandment

ACTIVITY 1: UNDERSTANDING IT

Fill in the blanks:

- The First Commandment teaches us to worship only _____.
- We should not put _____, _____, or _____ before Him.
- God wants us to love Him with all our _____.

(Answer words: toys, God, heart, money, fame,)

ACTIVITY 2: CHOOSE WHAT'S RIGHT

Look at these examples. Circle the ones that keep the First Commandment:

1. Going to church on Sunday.
2. Praying before meals.
3. Caring more about video games than God.
4. Believing money is more important than God.
5. Reading the Bible.
6. Not believing in one God



Worksheet 2

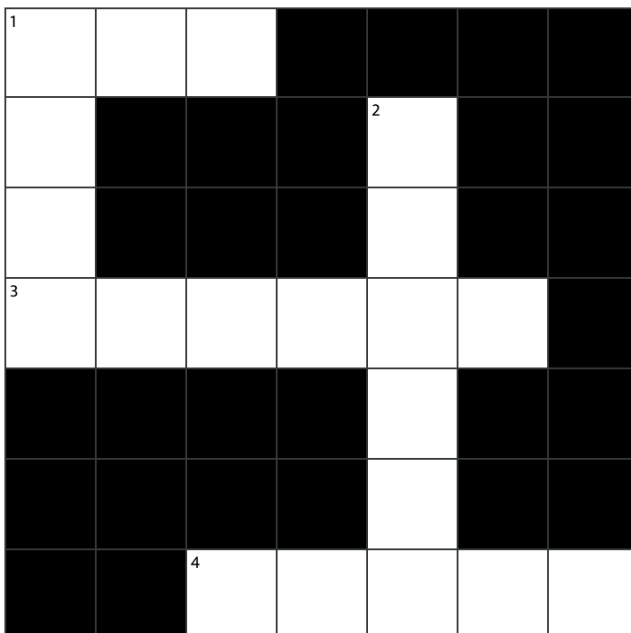
Lesson: The First Commandment

ACTIVITY 3: WHAT COMES FIRST?

Circle the items that should take priority in your life:



ACTIVITY 4: CROSSWORD PUZZLE



across

down

1 We worship only ____

3 The day we worship God together

4 God should always come ____ in our lives

The First Commandment says: "You shall have no other ____ before Me."

2 Talking to God is called