

Faith in Action: A Guide for Children & Parents

Scripture: (Matthew 6:22–33)

Seek First the Kingdom of God

Third Sunday After Pentecost

On the third Sunday after Pentecost, Jesus teaches His disciples not to worry about food, clothing, or other necessities of daily life. Instead, He tells them: “Seek first the Kingdom of God and His righteousness, and all these things shall be added to you.” Jesus reminds us that God cares for us just as He cares for the birds of the air and the flowers of the field.

WHY IS IT IMPORTANT?

It is easy to spend our time worrying about many things, but Jesus teaches us to trust God. When we put God first in our lives, He helps us with everything else we need.



HOW WE CAN APPLY THIS TODAY?

We can put God first by praying every day, attending church, reading the Bible, and making choices that please Him. When worries come, we can remember that God loves us and is always caring for us.



FOR CHILDREN

ACTION!

Look outside and observe a bird, flower, or tree. Thank God for taking care of His creation and for taking care of you. Draw a picture of your favorite part of God's creation and write, “God cares for me.”

FOR PARENTS

Talk with your children about trusting God during difficult times. Share examples of how God has provided for your family and encourage them to bring their worries to Him in prayer.

When we put God first, He helps us with everything we need. We can trust Him to care for us every day.

